

NAME:



BE RESPONSIBLE.

I am responsible for checking-in and completing Challenge tasks to the best of my ability. I am doing this challenge for myself!

LITTLE BABY BOO NURSERY
PRESENTS



LITTLES' WELLNESS CHALLENGE

PROMISE

I WILL DO MY BEST TO TRY EVERY CHALLENGE & PROMISE TO:

BE DETERMINED.

I will give the Challenge my best effort & will be unrelenting in my determination to keep trying. I will not give up!



BE RESPECTFUL.

I will speak honestly about my experience and listen to others with compassion and love.

BE KIND.

I will be a positive influence for others in the Challenge, and be mindful of the needs and feelings of others.



BE A TEAM-PLAYER.

I will share responsibility for group projects and support my teammates to the best of my abilities.



ALLOW MYSELF TO FEEL LOVE

BE ETHICAL.
I will keep personal information that I hear from others in confidence. I will not talk badly about others in the group and will do my best to come from a place of love..



By signing this contract, I promise to be my best self and follow the rules of the challenge.

SIGNATURE:

LITTLEBABYBOONURSERY.COM

